

General laundry tips

TRY TO REDUCE HOW OFTEN YOU WASH YOUR CLOTHES - OVER-WASHING CAN SERIOUSLY AFFECT THEIR LIFESPAN.

AND AVOID MAKING A BEELINE FOR THE MACHINE. AIRING OR SPOT CLEANING CAN BE JUST AS EFFECTIVE.



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SPOT THE DIFFERENCE

Spot cleaning needs to be done as soon as possible after your clothing has been stained.

Use a gentle laundry liquid and a soft, clean damp cloth to gently rub the stain.

Rinse the cleaned area to remove any laundry liquid.

Dry the garment flat on a towel.

Most detergents work brilliantly at low temperatures – check the pack for information.

Eco detergents tend to be more expensive, but they're kinder to the environment and your clothes, saving you money in the long run.

More is less with detergent – adding extra measures can do more harm than good as it leaves a damaging residue on your clothes after rinsing.

PREPARE TO SUCCEED

Sort your clothing into loads according to colour (light, dark, bright) and fabric (heavy, delicate). Any new garments that might run should be washed separately.

Place delicate items, like lace underwear, in a mesh bag.

Empty pockets, close zips and connect bra hooks so they don't snag on other garments.

Turn clothes inside out. It will protect prints on t-shirts, prevent the outside of garments from fading and pilling (bobbles) and stop things like buttons from snagging on other garments.

Sort out stains – especially prone areas like collars and cuffs - as you load the machine.

DRYING DOS AND DON'TS

Avoid tumble drying. It can damage your clothes and uses A LOT of electricity.

Line-dry wherever possible. It's tricky if you don't have a garden, but a drying rack is a good alternative.

IRONING ISSUES

With a bit of smart thinking, you can reduce how much you need to iron. It will save you time and extend the life of your clothes.

Hang garments after drying as many creases will drop out naturally - hanging them in a steamy bathroom after a shower is even better.

Using a low-heat setting on your iron makes it cheaper to run while being kinder to your clothes.

Hanging garments up after ironing will keep them wrinkle-free.

WASHING WINS

Use the coolest, gentlest cycle possible for the type of clothes you're washing. It saves energy AND makes your clothes last longer.