

How to make a patchwork memory quilt

THIS WONDERFUL KEEPSAKE WILL MEASURE 1M X 90CM (USING 56 X 14CM SQUARES) WHEN IT'S FINISHED.

CREATIVE
CRAFTS

7

YOU WILL NEED

- ✓ A selection of baby grows, or other types of baby clothing - you can get about four squares from each baby grow, so you'll need 14 baby grows in total
- ✓ Matching thread
- ✓ Iron-on fusible interfacing
- ✓ A 95cm x 110cm piece of wadding
- ✓ A 130cm x 110cm piece of backing fabric
- ✓ Self-healing mat, rotary cutter and quilting ruler - optional
- ✓ Paper for template
- ✓ Scissors
- ✓ Pins
- ✓ Hand-sewing needle
- ✓ Tape measure
- ✓ Tailor's chalk
- ✓ Fabric spray adhesive – it's important to get the right type of adhesive!
- ✓ Sewing machine
- ✓ A walking foot and a ¼ inch (0.6mm) foot - optional
- ✓ Iron and ironing blanket

DIFFICULTY

INTERMEDIATE

METHOD

1

Cut out 56 15.5 x 15.5cm squares of interfacing – these are slightly larger than you'll cut the patchwork squares.

2

Cut the baby grows up one side seam, around the sleeve and then across the shoulder seam so they lie flat for ironing.

3



Iron the interfacing squares onto the back of the baby grow fabric. Take care to place the squares so the pattern of the fabric is how you want it.



4



Using a rotary cutter, ruler and matt, cut out 56 14x14cm squares from the baby grow fabric.

Alternatively, you can make a 14x14cm square paper template, pin this onto the fabric and cut out with scissors. You'll need to be as accurate as possible.

5

Lay out all of your squares in a 7 by 8 grid and rearrange until you are happy with the design.

6



Taking one row at a time, sew the squares right sides together using a 0.6mm (1/4 inch) seam allowance.

Use the 1/4 inch foot to do this – if you have one. If not, use the stitching guide on your sewing machine.

Press the seams flat.

7



7



Sew the rows right sides together, making sure the seams match, using a 0.6mm (1/4 inch) seam allowance.

Press the seams flat.

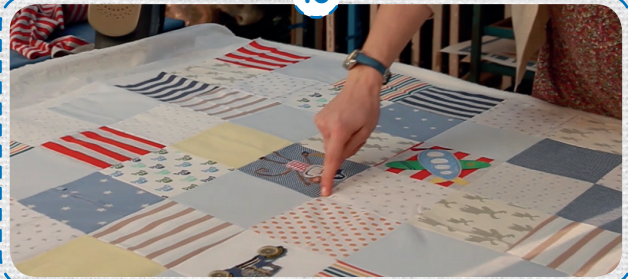
8

Cut a section of wadding measuring 5cm larger than the quilt front all the way round.

9

Cut a section of backing fabric 10cm bigger than the quilt front all the way round – this is also used to bind the quilt.

10



Starting from the middle of the quilt, pin the patchwork, wadding and backing fabric together.

Alternatively, you can use a fabric spray adhesive to stick them.

11

Sew all the layers together using a walking foot – if you have one.

Sew on directly on top of the seam lines between the squares – this will form a grid on the backing fabric.

Then sew around the perimeter of the patchwork to complete the 'squares' on the outside edge.





12

Mark, then trim, the wadding so that it is 3cm bigger than the quilt front all round.

13

Mark, then trim, the backing fabric so that it is 7.5cm bigger than the quilt front all round.

14



Turn the seam allowance of the backing fabric over and press.

Fold the backing fabric over the wadding so it slightly overlaps the patchwork.

Tuck the fabric in on each corner to create a mitre.

15



Hand-sew the backing fabric to the front of the quilt using a ladder stitch.